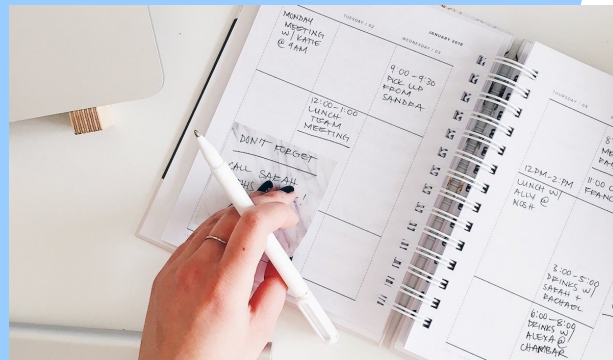


# Virtual Executive Function Coaching

## FACILITATOR:

**Rachel Hodas, PhD**  
**School Psychologist**  
**Licensed Psychologist**



## COST:

**\$35/25-minute sessions;**  
**\$65/50-minute sessions**

**Ongoing or as-needed**

**Scheduled by Appointment**

## STUDENT SESSIONS:

One-on-one coaching sessions with elementary through college-aged students, using researched-backed strategies and techniques. Sessions focus on teaching practical skills such as time management, organization, focused attention, emotion regulation, and other needs.

## PARENT SESSIONS:

Individual sessions for parents with children who struggle with executive functioning skills. Sessions focus on offering parents ways to help their children manage the demands of virtual learning and provide structure in daily living.



**Please contact us for additional information and scheduling.**

**610-649-6344**  
**Admin@MainLineTherapySolutions.com**

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